

## **Team Charter - BHLF Community Fellows**

**Tier 3 will meet on January 20<sup>th</sup> and 27<sup>th</sup> from 7-8 pm**

### **1. Introduction**

- a. Team name, group members, partnering organization.

Team name: Green Beans

Team members: Sophia Crisomia, Joey Lanzona, Bailey Davin

Nonprofit: Wilmington Green Box

- b. Personal and team Whys for engagement in your project. (what is each team member's reason for doing this? What outcomes or personal rewards are you seeking? These "whys" are shared to help with motivation and accountability)

Our WHY is to create a community hub that increases accessibility to fresh produce and promotes plant-based nutrition through education. As students interested in health related fields, all of whom follow plant-based lifestyles, Bailey, Joey, and I are dedicated to spreading Wilmington Green Box mission with the provision of an urban garden. Our reasons for partnering with Wilmington Green Box are similar. Joey's passions include veganism as a way to combat environmental racism and health related racism. He supports people of color and their communities to create self efficacy. Bailey's passions include reducing the prevalence of health disparities in lower income communities that have arisen due to a lack of nearby access to nutritious, plant based food options, food education, and safe places for physical activity. Sophia is interested in addressing healthcare disparities so as to eliminate lack of access due to race, socioeconomic background, and geographic location. In addition, she wants to see nutrition and lifestyle medicine educational programs become more prominent in K-12 schools. Increasing access to fresh produce in urban settings represents a common ambition between Joey, Bailey, and Sophia, and Wilmington Green Box's mission aligns with these aspirations.

### **2. Context (can be taken from pitch presentation)**

- a. What organizational problem is your team addressing?

The problem is the lack of evident green space in Wilmington because it does not set up the residents to lead healthy, active lifestyles. Wilmington is a food desert. Many citizens of Wilmington face food insecurity, meaning people have limited access to health and safe food options and proper nutrition. To tackle this problem, we are proposing the construction of an urban garden on a plot of land in a neighborhood in Wilmington. Our plan of attack is to focus on consistent contact with the city to ensure that there is no stone left unturned regarding the process of the garden and water meter situation. Once the water meter is installed, we will connect with the Gardening Masters at UD to assist with the construction of the urban garden and other amenities such as benches and shed. Once the garden is established, we can move forward with the actual planting during the spring so we can harvest in the summer. With the first growing and harvesting season planned, we can continue talks regarding an educational aspect of the garden to incorporate teens in. We will propose summer camps and/or weekend workshops as educational opportunities for community members, especially teens to maximize garden prosperity and personal and professional development.

- b. What result is expected? What does success look like for this project?(What is the end goal of the project?)

The expected result is to sprout a space for the Wilmington community to go through learning activities and develop and strengthen connections. We believe creating an opportunity for community members to grow their own food, harvest it, and aggregate in a common space is truly priceless. The garden emphasized Wilmington Green Box's value of self efficacy. For our team, a successful garden is one that grows produce that Green Box Kitchen can use to become more sustainable. A successful garden is one that provides community members with access to fresh produce. A successful garden is one that incorporates an educational aspect, as justified by Wilmington Green Box's two pronged approach, so that teens may learn about growing and harvesting, whilst enabling them through entrepreneurial activities and mentorship opportunities. A successful garden is one that promoted plant based nutrition through educational workshops and camps. A successful garden is one that provides long term access to things that allow members' basic needs to be met. We envision a plot of land in the city of Wilmington that has the capacity to become a space where community members of all ages can connect, learn from one another, and build the foundation for a sustainable future through plant based nutrition.

- c. Why is this important for the mission or impact of the organization?

In 2016, the World Health Organization published a review suggesting urban green spaces promote mental and physical health, reduce morbidity and mortality, obesity, and type 2 diabetes. One major cornerstone of WGB's mission is to address this need for direct access to healthy goods through their outdoor juice kiosk and through their for profit vegan restaurant business, Green Box Kitchen. While WGB has successfully expanded their organization and made a meaningful impact on the Wilmington community, WGB felt that the addition of an urban garden could open a host of opportunities that mobilize their mission. While the produce is grown in this plot, the ingredients could supply the restaurant so as to reduce sourcing from outside vendors and increase accessibility of fresh produce to community members. It would create a space for nutrition education and community engagement wherein youth learn how to grow and harvest fruits and vegetables. None of these opportune possibilities may be explored while the land is left idle, which is why our team has made it a priority to see through the completion of the garden and expand upon and refine the tier two project.

### 3. Team Roles

- a. What are the roles your group identified? How are they unique to your project?

Joey is the team spokesperson. This role is unique to our project because it requires constant contact with the city of Wilmington to ensure our garden has a water source. Bailey is the liaison coordinator. She maintains consistent communication with Jason to ensure we are staying on top of the water meeting situation and can take action promptly, once water is sourced. Sophia is the team's secretary. This role is unique to our project because she carefully evaluates and reflects upon previous tier two garden advancements to determine the best way to improve and advance the project in accordance with tier three parameters. This helps us stay on track, meet our goals, and stay consistent with WGB's mission and aspirations for the garden.

- b. What are the specific duties of each role?

Joey maintains contact with partnering organizations and officials. Bailey maintains consistent contact with Jason via email and text to help coordinate meetings and provide that organizational aspect to our team. Sophia is responsible for taking notes, outlining presentations and assignments by creating to-do lists, creating meeting agendas, and submitting assignments.

- c. What is the superpower of your team that will ensure success on your project?

The superpower of our team that will ensure success on our project would be the power of a Green Hand. As a team, we provided a hand to the project relating to the garden's conception. We extended a Green Hand to Jason's non-profit and to offer condolences and strength to his unfortunate circumstances. With our Green Hand, we ensure the success of our project through bestowing a physical and personal touch to our project and promising not to be detached from it. With the promise of completing the garden, we devoted time, energy, and sweat, interestingly components to promote the growth of the future harvest.

### 4. Resources and Support Available

- a. What challenges do you anticipate as you begin work on your project?

We foresee maintaining consistent, productive, and actionable conversations with the city of Wilmington to be a challenge. We have been consistently reaching out to city officials, however the city's protocols and time intensive response times have made it difficult to make progress on our project, especially as the ground becomes harder due to the colder temperatures.

- b. How can I best support you as you begin work on your project?

Tips for navigating government barriers would be extremely useful because the city of Wilmington's operational timeline in light of COVID has a great impact on our team's ability to complete the garden.

### 5. Mission and Objectives

- a. Share your specific timeline/task list for January 4<sup>th</sup> through February 15<sup>th</sup>.

1. January 4th: Continue weekly meetings with Jason and Brandon Brown on updates concerning water meter status. Reach out to city of Wilmington about possibilities regarding water meter status
    - a. Connect with Jason about coordinating possible water sourcing from neighbor's water meter
  2. January 4th-20th: Finalize water meter status (who is sourcing, if we need to raise a spigot if it is neighbor)
  3. January 20th: Connect with UD Gardening Masters to initiate planning of garden construction (subject to change regarding water meter status)
    - a. Gain insight on growing seasons, placement of beds, greenhouse, event space
    - b. Make UD Gardening students aware for possible spring time construction
  4. January 20th-February 15th: conduct more research on our own about garden education programs, present research to Jason
- b. Assign specific objectives/goals to team members.
- i. Joey Lanzona → As the spokesperson for the team, the non-profit, and BHLP, establishing biweekly contact with the city of Wilmington starting January 4th to understand water meter status.
  - ii. Bailey Davin → As liaison coordinator, keeping tabs on Jason and to provide support via emails and texts.
  - iii. Sophia Crisomia → As secretary, creating and keeping the team accountable to the timeline established.
- c. How will you hold yourselves and each other accountable to sticking with the timeline and working towards your goals?

To stay on top of goals, we will use Google calendar to organize weekly meetings, create meeting agendas based on agreed upon outcomes, and at the end of each meeting solidify steps moving forward. In addition, Joey, Bailey, and Sophia will frequently connect in iMessage group chat to offer support to one another. As the liaison coordinator, Bailey will send email/text updates and meeting reminders to Jason to ensure we are always on the same page as Jason. For Joey's phone calls with the city, he will provide a contact sheet to review what has been asked or discussed. Sophia will keep appropriate documentation to reflect updates with the City of Wilmington, correspondence with Jason, and meeting minutes.

Approval

- a. Signatures of all members at the bottom of the charter to signify everyone understands the terms of the charter

*Bailey Davin*

*Jose Lanzona*

*Sophia Crisomia*